



## White Stag Monterey

register@whitestagcamp.org

831-601-0991

www.whitestagcamp.org

33 Soledad Drive Monterey, CA 93940

## **2020 White Stag Monterey Camp Information & Registration Forms**

COVID 19 – White Stage will follow the health and safety recommendations of the State of California.

### **About the Program**

The program teaches youth a specific set of leadership competencies. White Stag has its roots in Scouting, but in 2008 incorporated as a public benefit 501C3 non-profit corporation, White Stag Leadership Development Academy, Inc. The corporation is an all-volunteer entity that sponsors Scouts of America, Venturing Crew 122. The Crew volunteers run a year-round program to plan and present two, one-week leadership training sessions each summer. During the training week, participants get repeated opportunities to learn and practice leadership skills in small and large group settings. They develop plans for applying these skills in their home organizations, programs, family, and community. Experienced adults and trained youth leaders carefully monitor all elements of the program.

### **About Our Name**

We take our name from the White Stag of Hungarian legend and the symbol of the 1933 World Jamboree held in Hungary. This Jamboree was the last one attended by the founder of Scouting, Lord Baden-Powell. The White Stag was the symbol of challenge to reach for goals beyond perceived limitations and a challenge to grow as individuals. It is a fitting symbol for a leadership program.

### **The History of the White Stag Program**

White Stag was founded in 1958 by educational psychologist Dr. Bela Banathy. He conceived the idea of a program that defined and taught specific leadership competencies to youth. With the input of other social scientists and the assistance of a key group of fellow Scouters, Bela formulated and tested a method for managing the learning of leadership skills. The program was adapted in 1972 by the National Council of the Boy Scouts of America as the official nationwide Junior Leader Training Program.

### **About the Leadership Competencies**

Your child will receive hands-on learning experiences designed to help them use proven leadership competencies pioneered by White Stag. Our program challenges youth to develop leadership skills and apply these skills in their home Scouting units, schools, church groups, community, and within their families.

Each participant will acquire greater depth and breadth of knowledge in these leadership competencies:

- Getting and giving information
- Knowing and using your available resources
- Controlling your group's performance
- Understand group needs and characteristics
- Planning and decision making
- Managing the learning by using goals and objectives
- Setting the example
- Sharing leadership
- Counseling
- Representing your group
- Evaluating and process improvement

### **How Our Program is Organized**

Participants who range in age from 10.5 -18 years naturally bring a wide variety of skills and needs to the leadership development program. The program is organized into three phases so that it may better meet the needs of all the participants. Each phase level will teach a particular range of skills for the proper level of maturity.

The degree and emphasis of the competencies increase from phase to phase. Completion of Phase 1 is not required for acceptance into Phase 2. Similarly, completion of Phase 1 or Phase 2 is not required for acceptance into Phase 3. It is common for a participant to repeat a phase when they are not old enough to go on to the next phase. Repeating a phase can be very advantageous for the child. It gives them time to mature and to practice and use the leadership skills they learned the previous year with their peers before moving to the next phase level. No prior camping or backpacking experience is necessary for any level.

The following are the guidelines for the placement of candidates into a phase. Final candidate placement will be the decision of the White Stag Directors. *Applicants seeking age exceptions **must attend C Day**, and age exceptions are not guaranteed.*

#### Phase 1, Group Member Development

For youth ages 10.5 -13, entering grades 6<sup>th</sup> – 7<sup>th</sup>. Participants will experience the dynamics and power of a close-knit group. They are exposed to the responsibilities of group membership and leadership skills. They go on an overnight backpacking trip.

#### Phase 2, Group Leadership Development

For youth ages 13 –15, entering grades 7<sup>th</sup>, 8<sup>th</sup>, or 9<sup>th</sup> (or 12 years with the approval of Phase Leader and Director, for youth who have previously completed Phase 1). Participants learn the skills of small group leadership. They are exposed to advanced levels of leadership competencies and have guided opportunities to lead a small group. They will go on a 1-2 night backpacking trip.

#### Phase 3, Large Group Leadership Development

For youth ages 15-17, grades 9<sup>th</sup> – 12<sup>th</sup> (or with approval of the Phase Leader and Director, for youth 14 who have previously completed Phase 2). Participants learn the skills of large-group leadership and small group leadership. They receive opportunities to practice leadership skills at a high level. They will go on a multi-night backpacking trip.

#### **About Our Staff and Volunteers**

White Stag Monterey is an all-volunteer organization. Our highly trained adult staff consists of alumni, parents, and Scout leaders who have found value in the White Stag experience. Parents are welcome to participate. Many parents help in equipment and foodservice support roles or join our adult staff team. For information on how you can help, contact [register@whitestagcamp.org](mailto:register@whitestagcamp.org) or 1-800-559-3188.

#### **Piney Creek Facility**

The rustic camping facility borders thousands of acres of wilderness and offers excellent opportunities for hiking and backpacking and an action-filled week of leadership development. Individuals learn leadership skills best through hands-on learning and practice in small groups. The experience of living and supporting each other in the outdoors is perfect. Participants also learn and practice the outdoor skills necessary to live in nature.

#### **Participants**

The program is open to boys and girls who are 10 ½ and are entering 6<sup>th</sup> grade in the Fall, through the age of 17 at the beginning of each session. Space is available on a first-come, first-served basis for all phases.

#### **How to Register**

Apply online at [www.whitestagmonterey.com](http://www.whitestagmonterey.com), or fill out the paper forms at the end of this packet and mail a check. It is our philosophy that the participant learns best by doing; therefore, we ask that the participant complete the entire "To be filled out by Participant" section on their own. If the participant has questions about the course, we strongly encourage them to contact us directly.

#### **Training Sessions Days and Location – July 19-25, 2020 or August 2-8, 2020**

Drop off between 10:00 AM – 11:00 AM, Sunday – No early or late arrivals

Pick up & Graduation Ceremony – Arrive at 10:00 AM. Graduation is at 10:30. Dismissal between 12:00 – 12:30 PM.  
Piney Creek Camp, 44890 Carmel Valley Rd., Greenfield, CA 93927

#### **Training Session Arrival & Departure – *Participants may not arrive late or leave early.***

Arrival and check-in are on the first day of training, starting at 10:00 AM.

Late arrivals after 11:00 AM is not allowed.

Each participant must attend the course in its entirety. Our program is dependent on each participant attending the complete course. If we allowed early departure or late arrival, it would hurt the experience of the child, and negatively impact the other children in their small group.

Departure is after the Graduation Ceremony that starts at 10:30. Arrive at 10:00 AM to allow time to park and walk to the graduation site held at the campfire bowl. Once the ceremony is over, participants go pick up their gear and check-out. Parents/guardians not picking up their child must email the name of the person who will be picking them up.

### **Graduation Ceremony (Subject to change with health and safety recommendations.)**

Family members and friends are strongly encouraged to attend. Youth participants love having their families watch them celebrate their success from the week. The ceremony length varies depending on the number of participants. Temperatures at camp can be hot. Please make sure you bring sunscreen, hat, water, and a camp chair if desired.

**Dogs are not allowed at camp. It is too hot for them to stay in the car!**

### **~~Orientation Day – "C Day" (Cancelled) The most important orientation information is in this packet~~**

~~Held the third Saturday of May 8:45 AM – 3:00 PM.~~

~~Participants (Bring sack lunch, water, notebook, pen/pencil, light jacket)~~

~~Parent Orientation 10:00 AM – 12:00 PM (Have lunch in beautiful Monterey)~~

~~POM Boy Scout Lodge in Monterey, CA, located at Ewing Rd. & Pvt Bolio Rd, Monterey, CA~~

### **INDABA – Reunion of Graduates, Youth Staff & Alumni**

Held the third Saturday of September, 8:45 AM – 1:30 PM.

POM Boy Scout Lodge in Monterey, CA, located at Ewing Rd. & Pvt Bolio Rd, Monterey, CA

### **Equipment**

There is an packing and equipment list in this packet. If you have questions about what to purchase, outdoor sporting goods stores can be very helpful places to learn more about camping equipment. Do not buy expensive items. The major brand department stores also sell adequate gear at reasonable prices. Each participant needs their own 2-person or smaller tent. Tents may not be shared with friends or siblings since they will not be in the same small group. Each group has designated camping areas. Participants will only take their sleeping bags, pads, a tarp, and change of clothes with them on the overnight backpacking trips. Most of their gear will stay at the camp inside their tents.

### **Uniforms & Clothing**

It is important to have everyone wear uniforms while participating in the program. It creates a feeling of belonging, reduces distractions, and also instills discipline. Participants are required to wear tan or khaki pants or shorts while at camp. Participants are provided with two uniform shirts. Extra shirts may be purchased during the registration process. Shorts must not be shorter than to the fingertips with their arm hanging straight down. Other plain shirts from home can be worn during some parts of the day, but they may not contain graphics. All swimming suits must be modest. One piece for females and trunks or jammers for males. No bikinis or male speedo-type racing suits. SPF swimming tops are encouraged. Boots should be "broken-in" to avoid blisters. Everyone should bring sturdy tennis shoes that can get wet for creek crossings and water play. Old ones work great!

### **Refund Policy**

Your registration fee is **NON-REFUNDABLE**. Clear your calendar before signing up for the training course. This policy applies to all participants and is in effect whether you have an unexpected family/business emergency, have a medical emergency, etc. There are NO exceptions. You may request a donation receipt in the amount you paid towards your registration as a Charitable Donation for your income tax return. We will allow another child to attend in their place. Contact register@whitestagcamp.org to find out more.

*The White Stag Leadership Development Academy, Inc. is an all-volunteer, non-profit 501(c)3 organization.*

*All fees go directly for facilities, insurance, supplies, learning materials, food, etc. Registration fees are used throughout the year in preparation and support of the program.*

### **Non-Discrimination Policy**

The White Stag Leadership Development Academy, Inc., BSA Crew, Troop and LFL 122/9122 in regards to administration of its educational policies, admissions policies, scholarships, and other administered programs without regard to race, creed, color, ethnicity, national origin, religion, gender, orientation, physical or mental ability to all the rights, privileges, programs, and activities generally accorded or made available to other youth in the program.

# How to Register

Registration may be made online using a credit card, debit card, or EFT from a bank account at [www.whitestagcamp.org](http://www.whitestagcamp.org).

If you would prefer to register with paper forms, follow the directions below:

Complete and return ALL of the forms on pages 7-10 of this packet as soon as possible. All forms, except the Medical Exam, must be completed and received and the payment made to hold your spot. Your registration will be complete only when all the forms and payment is received by us. The Medical Exam form must be received no later than 10 days prior to the start of the training, unless special arrangements have been made.

\_\_\_ *White Stag Camp Registration Form* (page 7)

\_\_\_ Parent Permission and Consent for Medical Treatment (page 8)

\_\_\_ Health and Medical History Record (page 9)

\_\_\_ Medical Examination Record (page 10) must be signed by a physician within one year of the training date. An official BSA Scouting medical form parts A, B, & C may be substituted.

\_\_\_ Facial Picture – This may be a cell phone snapshot emailed with your forms. This is for identification purposes only.

\_\_\_ Mail a check made out to White Stag to: White Stag, 33 Soledad Drive, Monterey, CA 93940  
Optional extra uniform shirts - \$15.00 Polo shirt & \$10.00 Tee shirt. (one of each will be provided)

\_\_\_ Scan/Email forms and picture to [register@whitestagcamp.org](mailto:register@whitestagcamp.org)

## **2020 Training Fees:**

**\$390.00 Early-bird Registration** – The Early-bird fee applies only when a **Complete Registration** Is received before May 1, 2020, including the Medical Exam and payment. When a registration remains incomplete after April 30, 2020, it will be considered a Regular Registration, and you will be charged for the balance of the full, Regular Registration.

**\$459.00 Regular Registration** – Registrations received after April 30, 2020.

## **Packing Information and Equipment List**

(6-20-20 Rev. Covid v.)

Bring all your gear packed in a multi-day, backpacking backpack and ready for a hike. DO NOT bring a suitcase or a large duffle bag instead of a backpack. It is essential to bring all the items on the list. Do not bring anything else with you, including cell phones and personal electronics. The week will be electronics-free. There are no power plugs. There will be a pack-check. Non-essential items will be taken and stored for safekeeping during camp. Mark your stuff with your name to make it easier to return when misplaced. We are not responsible for any items lost, damaged, or misplaced.

**Parents:**

Do not purchase expensive equipment! Many department and sporting goods stores sell adequate items. For a good, comfortable fit, the participant should try on the backpacking backpack before purchasing. Participants wear uniforms. Pants and shorts must be colored Khaki, Tan or official BSA uniforms. NO Other Colors! Two uniform tee shirts will be provided. There is an option to pre-order extra uniform tee shirts during registration.

**Personal Gear to Bring to Camp (Packed in a multi-day, 50-80 liter, backpacking pack)**

Arrive with everything inside or strapped to your backpack. Some items can go into your small daypack. During the overnight backpacking trip out of camp, you will take only your sleeping bag, pad, change of clothes, small tarp, utensils, water, personal items, jacket and food. Your tent will stay in camp with your extra gear left inside.

**Gear**

- \_\_\_ Sack lunch and water for Sunday check-in
- \_\_\_ Backpacking Backpack - 50 - 80 liter with waist belt (adjusted to fit)
- \_\_\_ Sleeping bag (mummy type 15-20 degree)
- \_\_\_ Sleeping pad and small travel pillow
- \_\_\_ Day pack (school bookbag type)
- \_\_\_ Tent (small 2-person size not larger)
- \_\_\_ Small plastic tarps (approx. size 4x6ft.)
- \_\_\_ Eating utensils (spoon, fork, plate, bowl, & cup)
- \_\_\_ 2 Trash bags for dirty clothes and trash
- \_\_\_ Compass
- \_\_\_ 3 - 32 oz. reusable water bottles
- \_\_\_ Personal first aid kit (small)
- \_\_\_ Flashlight - small light with extra batteries
- \_\_\_ Whistle
- \_\_\_ Pens and pencils
- \_\_\_ Pocket Knife - locking 3-inch or less blade
- \_\_\_ Watch – Phase 2, Phase 3, NYLT only
- \_\_\_ Alarm clock (battery – travel size)
- \_\_\_ Small Sewing kit (Phase 3)
- \_\_\_ Sunscreen / sunglasses / hat (with brim)
- \_\_\_ Insect repellent
- \_\_\_ Camera (disposable — optional)
- \_\_\_ Hiking boots with ankle support (wear and break in before camp!)
- \_\_\_ Important - Sturdy Tennis shoes that can get wet. Old ones are fine.

- \_\_\_ Toothbrush, toothpaste, & floss
- \_\_\_ Shampoo & soap
- \_\_\_ Comb / brush / hair ties
- \_\_\_ Washcloth & towel
- \_\_\_ Baby Wipes - for hiking days
- \_\_\_ Deodorant
- \_\_\_ Feminine products – Just in case!
- \_\_\_ Medications / inhaler / EpiPen

**White Stag Uniform requirements to bring:**

- \_\_\_ 2 Tan or Khaki colored long pants (No other colors except official Scout Pants)
- \_\_\_ 2 Tan or Khaki colored shorts (long-length cargo type. No other colors. Mid-thigh). **No shorter than the fingertips with arm down!**
- \_\_\_ 2-3 plain tee shirts (2 uniform shirts are provided. Registration option to pre-order more).

**NYLT Uniform requirements to bring:**

- \_\_\_ Scout/Venturing Class A - Shirt & Pants
- \_\_\_ 2-3 extra BSA Class B activity shirts (2 shirts are provided. Registration option to pre-order more)

NOTES:

---



---



---



---



---

**Clothing**

- \_\_\_ Underwear (6 pair)
- \_\_\_ Socks (6 pair)
- \_\_\_ Boot socks (2 pair)
- \_\_\_ Sleeping clothes – (Always change at night)
- \_\_\_ Warm jacket
- \_\_\_ Flip flops / sandals (for shower/pool area)
- \_\_\_ Swimsuit – Modest = one-piece, tankini, trunks or jammers, a swimming shirt is encouraged.  
**No bikinis or speedo type racing bottoms!**

**Personal Items**

- \_\_\_ 3 cloth face masks, or 10 disposable

White Stag Cell 831-601-0991

“C Day” Orientation Location



Summer Leadership Training Location

**Presidio of Monterey Scout Lodge** is located just above the Coast Guard wharf in Monterey. From downtown Monterey, take Del Monte Blvd. through the tunnel. Stay to the right and take the first slight right onto Foam St. Take the first left onto Reeside Ave., go one block and turn left onto Lighthouse Ave. Go one block and turn right onto Private Bolio, and turn left immediately. The Scout Lodge is the first building visible to you. Search Google Maps, POM Scout Lodge, Monterey, CA

**Piney Creek Camp –**  
44890 Carmel Valley Road  
Greenfield, CA 93927  
From Highway 101 south take Arroyo Seco Road in Soledad. After approx. 17 miles turn right onto Carmel Valley Road. Go 1.7 miles. The driveway is on the left.  
  
Google Maps Search  
“White Stag Piney Creek,  
Greenfield, CA”



via Arroyo Seco Rd  
Fastest route

24 min  
18.1 miles

via US-101 S and Arroyo Seco Rd

27 min  
20.5 miles

## 2020 White Stag Training Registration

Session 1 – July 19 – July 25, 2020

Name \_\_\_\_\_  
(Last) (First) (Middle)

Address: \_\_\_\_\_  
(Street or P.O. Box) (City) (State) (Zip)

Home Phone: \_\_\_\_\_ Cell Phone \_\_\_\_\_ Youth E-Mail: \_\_\_\_\_

Birthdate: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age at Camp: \_\_\_\_ Grade at Camp: \_\_\_\_ Height: \_\_\_\_ Weight: \_\_\_\_ M / F

T-Shirt Size:  Adult Small  Adult Medium  Ault Large  Adult XL (check one)

School Attending next Fall: \_\_\_\_\_

Ethnic Race or Origin:  Hispanic or Latino,  American Indian or Alaska Native,  Asian,  Black or African American,  Native Hawaiian or Other Pacific Islander,  White,  decline to state (to be used solely for grant funding purposes)

Are you currently registered in a Scout Troop, 4H, or other youth organization? Yes / No

Organization/Group Name: \_\_\_\_\_ Unit #: \_\_\_\_\_ Scout Rank: \_\_\_\_\_

Leader's Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Previous White Graduate of (check all that apply)

Phase 1 \_\_\_\_ Phase 2 \_\_\_\_ Phase 3 \_\_\_\_ CIT \_\_\_\_ NYLT \_\_\_\_

Phase 1 Staff \_\_\_\_ Phase 2 Staff \_\_\_\_ Phase 3 Staff \_\_\_\_ NYLT Staff \_\_\_\_

Which Phase would you like to attend? \_\_\_\_\_

Other leadership activities, training or experience and positions: \_\_\_\_\_

What does leadership mean to you? (in participants own words) \_\_\_\_\_

I can do the following: (Indicate by number; 1 = well enough to teach; 2 = well enough to enjoy; 3 = not at all).

Backpacking \_\_\_\_ Knots \_\_\_\_ Swimming \_\_\_\_ First Aid \_\_\_\_ Cooking \_\_\_\_ Map & Compass \_\_\_\_ Songs \_\_\_\_ Games \_\_\_\_ Skits \_\_\_\_

I have been hiking  yes  no. I have been camping  yes  no. Longest hike \_\_\_\_\_ miles.

What sports do you play? \_\_\_\_\_

Names of friends attending camp \_\_\_\_\_

Name of sibling/s attending camp \_\_\_\_\_

#1 Parent/Guardian Name \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Email: \_\_\_\_\_

#2 Parent/Guardian Name \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Scan/email this form to register@whitestagcamp.org**

### **Parent Permission, Medical Consent and Hold Harmless**

My child/ward \_\_\_\_\_ has permission to participate in all White Stag Leadership activities, a co-educational, overnight camping program conducted by the White Stag Leadership Development Academy Inc., otherwise known as WSLDA, through the BSA Venturing and/or Learning for Life Crew/Group 122/9122. In consideration of the benefits to be derived, and in view of the fact that White Stag Leadership Development Academy, Inc. and the Learning for Life Program is an educational organization in which membership is voluntary, and having full confidence that every precaution will be taken to ensure the safety and well-being of my child/ward during activities or trips, I hereby agree to his/her participation and waive all claims against the leaders of the program, as well as any and all officers, agents, and representatives of the White Stag Leadership Development Academy, Inc., Learning for Life Group and BSA Crew 122/9122. I further agree that my child/ward may be transported to and from activities, both on and off site, in privately owned vehicles.

My child/ward is in good health and has my permission to engage in all prescribed activities, except as communicated under separate cover. If I cannot be reached in an emergency or if a delay would imperil the life of my child/ward, I hereby give my permission to a physician, selected by the adult leader in charge, to hospitalize, secure proper X-ray examination, anesthetic, and/or prescriptive, medical, dental, or surgical diagnosis and/or treatment deemed necessary to be rendered under the supervision of a licensed physician or surgeon.

My child/ward has permission to be administered over the counter medication and remedies to relieve minor symptoms

**Except:**

It is the obligation of parent/guardian to notify the staff of any and all medications their child/ward is taking, as well as any potential side effects from that medication, and other allergies or sensitivities.

Child/ward will be taking the following medication(s) \_\_\_\_\_ Child/ward has the following allergies/sensitivities: \_\_\_\_\_

I will not hold WSLDA responsible for any reaction to allergens. Allergens cannot be completely controlled in foods or the environment. If your child has allergies or serious sensitivities, take this into consideration before completing registration. Be sure to note allergies, sensitivities and the medical remedies during the registration process and we will do our best to work with you and your child.

WSLDA, Group/Crew 122/9122 has permission to use photographs and electronic images of my child/ward for publicity purposes.

**Refund Policy**

**Your registration fee is NON-REFUNDABLE. If you have registered for one of our events and cannot participate due to sickness or injury or for any other reason you may take the amount you paid toward your registration as a charitable donation on your income tax return. This policy applies to all participants and is in effect whether you have an unexpected family/business emergency, have a medical emergency, etc. There are NO exceptions. The White Stag Leadership Development Academy, Inc. is a non-profit 501(c)3 organization. You may request a letter of donation by emailing the request and participants name and address to [register@whitestagcamp.org](mailto:register@whitestagcamp.org).**

If I cannot be reached in the event of an emergency, the following person is authorized to act on my behalf:

Emergency Contact's Name	Relationship to Participant	Phone Number
--------------------------	-----------------------------	--------------

Health Insurance Company	Policy Number	Group Number
--------------------------	---------------	--------------

**PARENT/GUARDIAN INFORMATION**

Parent/Guardian (print name)	Email Address
------------------------------	---------------

Street Address	City,	State,	Zip
----------------	-------	--------	-----

Home Phone	Work Phone	Cell Phone
------------	------------	------------

**Non-Discrimination Policy** The White Stag Leadership Development Academy, Inc., BSA Crew, Troop and LFL 122/9122 in regard to administration of its educational policies, admissions policies, camperships, and other administered programs without regards to race, creed, color, ethnicity, national origin, religion, gender, orientation, physical or mental ability to all the rights, privileges, programs, and activities generally accorded or made available to other youth in the program.

I agree to all the information stated above. This consent is complete and accurate and shall remain in effect until revoked in writing.

<b>PARENT'S/GUARDIAN'S SIGNATURE</b>	<b>DATE</b>
--------------------------------------	-------------

*Scan/email this form to [register@whitestagcamp.org](mailto:register@whitestagcamp.org)*

# Health and Medical History Record

(To be completed by parent/guardian on behalf of participant)

*Participant Name:* Last \_\_\_\_\_ First \_\_\_\_\_ Initial \_\_\_\_\_

*In Emergency Notify:* Name \_\_\_\_\_ Address \_\_\_\_\_ Phone \_\_\_\_\_

Name of Health Insurance Carrier \_\_\_\_\_ ID Number \_\_\_\_\_ Group Number \_\_\_\_\_

## Health History: (Check/Date those that apply)

<i>Had Diseases</i>	<i>Allergies and Reaction</i>	<i>Chronic or Recurring Illness</i>
<b>Date</b>		
Chicken Pox _____	<input type="checkbox"/> <b>Animals</b> _____	<input type="checkbox"/> <b>Ear Infections</b>
Measles _____	<input type="checkbox"/> <b>Peanuts/Tree Nuts</b> _____	<input type="checkbox"/> <b>Heart Defect/Disease</b>
German Measles _____	<input type="checkbox"/> <b>Food</b> _____	<input type="checkbox"/> <b>Seizures/convulsions</b>
Mumps _____	_____	<input type="checkbox"/> <b>Bleeding Disorders</b>
Rheumatic Fever _____	<input type="checkbox"/> <b>Insect Stings</b> _____	<input type="checkbox"/> <b>Asthma</b>
Tuberculosis _____	<input type="checkbox"/> <b>Medicine/Drugs</b> _____	<input type="checkbox"/> <b>Hypertension</b>
Kidney _____	_____	<input type="checkbox"/> <b>Diabetes</b>
	<input type="checkbox"/> <b>Plants</b> _____	<input type="checkbox"/> <b>Musculoskeletal Disorders</b>
	<input type="checkbox"/> <b>Pollen</b> _____	<input type="checkbox"/> <b>Arthritis</b>
	<input type="checkbox"/> <b>Other (specify)</b> _____	<input type="checkbox"/> <b>Sinusitis</b>
		<input type="checkbox"/> <b>Cancer/leukemia</b>
		<input type="checkbox"/> <b>Other</b> _____

**My child has permission to take or use OTC (over the counter) medications and remedies except for:**

Exceptions: \_\_\_\_\_

List any specific medications being taken during activities: \_\_\_\_\_

Please list **Serious conditions/ Hospitalizations and dates** that may affect your child while with us:

Other diseases/disabilities: \_\_\_\_\_

### Comments where applicable:

Fainting       Sleep disturbances       Bed wetting       Menstrual cramps  
 Constipation       Nosebleeds       Emotional disturbances       APD/Autism/Downs  
 Learning differences

Other/Notes \_\_\_\_\_

Specific activities to be encouraged \_\_\_\_\_ Restricted \_\_\_\_\_

Special Medical or Dietary Regimen to be followed \_\_\_\_\_

This health history is complete and accurate. My child has permission to engage in all prescribed activities, except as noted by me and the examining physician.

**Print Parent/Guardian Name** \_\_\_\_\_

**Signature of Parent/Guardian** \_\_\_\_\_ **Date** \_\_\_\_\_

**Scan/Email this form to register@whitestagcamp.org**



To be completed by physician after review of health history with parent/guardian.

Parent must sign at the bottom that they have reviewed this medical exam.

Child's Name: Last \_\_\_\_\_ First \_\_\_\_\_ Initial \_\_\_\_\_ Date of Birth \_\_\_\_\_

Health Examination				Immunization Record				
Height _____ Weight _____				Attach vaccine record or check all that are current with date:				
B.P. _____				Yes	No	Had Disease	Immunizations	Dates
Vision without glasses		With glasses					Tetanus	
R 20/_____	L 20/_____	R 20/_____	L 20/_____				Pertussis	
Hearing: R: _____ L: _____							Diphtheria	
N = Normal A=Abnormal							Measles/mumps/rubella	
Nose	N	A	Throat	N	A		Polio	
Teeth	N	A	Heart	N	A		Chicken Pox	
Lungs	N	A	Abdomen	N	A		Hepatitis A	
Genitalia	N	A	Hernia	N	A		Hepatitis B	
Skin	N	A	Musculoskeletal	N	A		Meningitis	
HGB	N	A	Urinalysis	N	A		Influenza	
(Not required) <input type="checkbox"/> N/A				<b>Allergies / Severe Sensitives:</b>				
TB Skin test if on file: <input type="checkbox"/> Neg <input type="checkbox"/> Pos Date ___/___/___				_____				

**General Assessment:** The patient is physically able and approved to participate in a strenuous week-long, outdoors activity, which may include hiking, running, and/or swimming. Exceptions and notes below:

\_\_\_\_\_

\_\_\_\_\_

**X** \_\_\_\_\_  
Physician's Signature Date \_\_\_\_\_

\_\_\_\_\_ (\_\_\_\_\_) \_\_\_\_\_  
Physician's name (print or use stamp in space provided) Phone

\_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Street Address



I have reviewed this medical exam with my child's physician.

**X** \_\_\_\_\_  
Parent's/Guardian's Signature Parent's/Guardian's name (please print) Date \_\_\_\_\_

Scan/email to register@whitestagcamp.org