

# White Stag Monterey

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# **2021 White Stag Monterey Camp Information & Forms**

COVID 19 –White Stag successfully ran 2 sessions in 2020, by being outdoors, doing health checks, using small groups, social distancing, wearing face masks, and following other recommended safety precautions. We are constantly monitoring for the newest recommendations to put in place.

#### **In This Packet**

- 1. Packing and Equipment List
- 2. Directions to the C-Day Orientation Day in Monterey & Directions to the Piney Creek Summer Training Location
- 3. The Medical Examination form that needs to be signed by a doctor and uploaded the registration system.

## **About the Program**

The program teaches youth a specific set of leadership competencies. White Stat has its roots in Scouting, but in 2008 incorporated as a public benefit 501C3 non-profit corporation, White Stag Leadership Development Academy, Inc. The corporation is an all-volunteer entity that sponsors Scouts of America, Venturing Crew 122. The Crew volunteers run a year-round program to plan and present two, one-week leadership training sessions each summer. During the training week, participants get repeated opportunities to learn, be challenged, and practice leadership skills in small and large group settings. They develop plans for applying these skills in their home organizations, programs, family, and community. Experienced adults and trained youth leaders carefully monitor all elements of the program.

#### **About Our Name**

We take our name from the White Stag of Hungarian legend and the symbol of the 1933 World Jamboree held in Hungary. This Jamboree was the last one attended by the founder of Scouting, Lord Baden-Powell. The White Stag was the symbol of challenge to reach for goals beyond perceived limitations and a challenge to grow as individuals. It is a fitting symbol for a leadership program.

#### The History of the White Stag Program

White Stag was founded in 1958 by educational psychologist and Scouter, Dr. Bela Banathy. He conceived the idea of a program that defined and taught specific leadership competencies to youth. With the input of other social scientists and the assistance of a key group of fellow Scouters, Bela formulated and tested a method for managing the learning of leadership skills. The program was adapted in 1972 by the National Council of the Boy Scouts of America as the official nationwide Junior Leader Training Program. In 2008, Venture Crew 122, sponsored by White Stag Leadership Development Academy, Inc. a non-profit 501c3, all volunteer organization, began offering the week-long program to all boys and girls, with no experience necessary.

#### **About the Leadership Competencies**

Your child will receive hands-on, fun learning experiences designed to help them use proven leadership competencies pioneered by White Stag. The outdoor adventure experience is the foundation for the leadership training program. It instills confidence while learning and accomplishing new things, emotional intelligence while working with others, and the ability to work and lead others with others as a team. Each participant will acquire greater depth and breadth of knowledge in these leadership competencies:

- Getting and giving information
- Knowing and using your available resources
- Controlling your group's performance
- Understand group needs and characteristics
- Planning and decision making
- Managing the learning by using goals and objectives
- Setting the example
- Sharing leadership
- Counseling
- Representing your group
- Evaluating and process improvement

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#### **How Our Program is Organized**

Participants who range in age from 10.5 -17 years naturally bring a wide variety of skills and needs to the leadership development program. The program is organized into three phases so that it may better meet the needs of all the participants. Each phase level will teach a particular range of skills for the proper level of maturity.

The degree and emphasis of the competencies increase from phase to phase. Completion of Phase 1 is not required for acceptance into Phase 2. Similarly, completion of Phase 1 or Phase 2 is not required for acceptance into Phase 3. It is common for a participant to repeat a phase when they are not old enough to go on to the next phase. Repeating a phase can be very advantageous for the child. It gives them time to mature and to practice and use the leadership skills they learned the previous year with their peers before moving to the next phase level. No prior camping or backing experience is necessary for any level.

The following are the guidelines for the placement of candidates into a phase. Final candidate placement will be the decision of the White Stag Directors. *Applicants seeking age exceptions must attend C Day, (discussed later) and age exceptions are not guaranteed.* 

#### Phase 1, Group Member Development

For youth ages 10.5 - 13, entering grades  $6^{th} - 7^{th}$ . Participants will experience the dynamics and power of a close-knit group. They are exposed to the responsibilities of group membership and leadership skills. They go on an overnight backpacking trip.

#### Phase 2, Group Leadership Development

For youth ages 13 –15, entering grades 7<sup>th</sup>, 8<sup>th</sup>, or 9<sup>th</sup> (or 12 years with the approval of Phase Leader and Director, for youth who have previously completed Phase 1). Participants learn the skills of small group leadership. They are exposed to advanced levels of leadership competencies and have guided opportunities to lead a small group. They will go on a 1-2 night backpacking trip.

## Phase 3, Large Group Leadership Development

For youth ages 15-17, grades  $9^{th} - 12^{th}$  (or with approval of the Phase Leader and Director, for youth 14 who have previously completed Phase 2). Participants learn the skills of large-group leadership and small group leadership. They receive opportunities to practice leadership skills at a high level. They will go on a multi-night backpacking trip.

#### **About Our Staff and Volunteers**

White Stag Monterey is an all-volunteer organization. Our highly trained adult staff consists of alumni, parents, and Scout leaders who have found value in the White Stag experience. Parents are welcome to participate. Many parents help in equipment and foodservice support roles or join our adult staff team. For information on how you can help, contact register@whitestagcamp.org or 831-601-0991.

#### **Piney Creek Facility**

The rustic camping facility borders thousands of acres of wilderness and offers excellent opportunities for hiking and backpacking and an action-filled week of leadership development. Individuals learn leadership skills best through hands-on learning and practice in small groups. The experience of living and supporting each other in the outdoors is perfect. Participants also learn and practice the outdoor skills necessary to live in nature.

#### **Participants**

The program is open to boys and girls who are  $10 \frac{1}{2}$  and are entering  $6^{th}$  grade in the Fall, through the age of 17 at the beginning of each session. Space is available on a first-come, first-served basis for all phases.

#### Training Sessions Days and Location – June 20-26, 2021 or July 18-24, 2021

Drop off at 10:00 AM, Sunday – No early arrivals or late arrivals after 11:00 AM
Pick up & Graduation Ceremony, Saturday – Arrive at 10:00 AM. Graduation is at 10:30. Dismissal 12:00 – 12:30 PM.
Piney Creek Camp, 44890 Carmel Valley Rd., Greenfield, CA 93927
Google maps – White Stag Piney Creek, Greenfield, CA

#### **Session Arrival & Departure** – <u>Participants may not arrive late or leave early</u>.

Arrival and check-in are on the first day of training, at 10:00 AM. Late arrivals after 11:00 AM is not allowed. Each participant must attend the course in its entirety. Our program is dependent on each participant attending the complete course. If we allowed early departure or late arrival, it would hurt the experience of the child, and negatively impact the other children in their small group. Departure is after the Graduation Ceremony that starts at 10:30. Arrive at 10:00 AM to allow time to park and walk to the graduation site held at the campfire bowl. Once the ceremony is over, participants go pick up their gear and check-out. Parents/guardians not picking up their child must email the name of the person who will be picking them up.

#### Graduation Ceremony (Subject to change with health and safety recommendations for COVID.)

Family members and friends are strongly encouraged to attend. Youth participants love having their families watch them celebrate their success from the week. The ceremony length varies depending on the number of participants. Temperatures at camp can be hot. Please make sure you bring sunscreen, hat, water, and a camp chair if desired.

#### Dogs are NOT allowed at Piney Creek Camp. It is too hot and dangerous for them to stay in the car!

#### Orientation Day - "C Day"

Held the third Saturday of May 15, 8:45 AM – 3:00 PM.

Participants (Bring sack lunch, water, notebook, pen/pencil, light jacket)

Parent Orientation 10:00 AM – 12:00 PM (Have lunch in beautiful Monterey)

Location is the Presidio of Monterey Boy Scout Lodge, located at Ewing Rd. & Pvt Bolio Rd, Monterey, CA

#### INDABA - Reunion of Graduates, Youth Staff & Alumni

Held the third Saturday of September, 8:45 AM – 1:30 PM Location to be announced.

#### **Equipment**

There is an packing and equipment list in this packet. If you have questions about what to purchase, outdoor sporting goods stores can be very helpful places to learn more about camping equipment. Do not buy expensive items. The major brand department stores also sell adequate gear at reasonable prices. Each participant needs their own 2-person or smaller tent. Tents may not be shared with friends or family since they may not be in the same small group. Each group has designated camping areas. Participants will only take their sleeping bags, pads, a tarp, and change of clothes with them on the overnight backpacking trips. Most of their gear will stay at the camp inside their tents.

#### **Uniforms & Clothing**

It is important to have everyone wear uniforms while participating in the program. It creates a feeling of belonging, reduces distractions, and also instills discipline. Participants are required to wear tan or khaki pants, or official Scouting pants, or shorts while at camp. Participants are provided with two uniform shirts. Extra shirts may be purchased during the registration process. Shorts must not be shorter than to the fingertips with their arm hanging straight down. Other plain shirts from home can be worn during some parts of the day, but they may not contain graphics. All swimming suits must be modest. One piece or females and trunks or jammers for males. No bikinis or male speedo-type racing suites. SPF swimming tops are encouraged. Boots should be "broken-in" to avoid blisters. Everyone should bring sturdy tennis shoes that can get wet for creek crossings and water play. Old ones work great!

## **Refund Policy**

Your registration fee is **NON-REFUNDABLE**. Clear your calendar before signing up for the training course. This policy applies to all participants and is in effect whether you have an unexpected family/business emergency, have a medical emergency, etc. There are NO exceptions. You may request a donation receipt in the amount you paid towards your registration as a Charitable Donation for your income tax return. We will allow another child to attend in their place. Contact register@whitestagcamp.org to find out more. *The White Stag Leadership Development Academy, Inc. is an all-volunteer, non-profit 501(c)3 organization. All fees go directly for facilities, insurance, supplies, learning materials, food, etc. Registration fees are used throughout the year in preparation and support of the program.* 

#### **Non-Discrimination Policy**

The White Stag Leadership Development Academy, Inc., BSA Crew, Troop and LFL 122/9122 in regards to administration of its educational policies, admissions policies, scholarships, and other administered programs without regard to race, creed, color, ethnicity, national origin, religion, gender, orientation, physical or mental ability to all the rights, privileges, programs, and activities generally accorded or made available to other youth in the program.

# Packing Information and Equipment List

We are excited you are attending The White Stag Challenge! Be prepared. Bring all your gear packed in a multi-day, backpacking backpack and ready for a hike. *No suitcases, duffle bags, etc. instead of a backpack. They are too hard for you to carry.* It is essential to bring all the items on the list. Do not bring anything else with you, including cell phones and personal electronics. The week will be electronics-free. There are no power plugs, and the dust is not good for electronic devices There will be a pack-check. Non-essential items will be taken and stored for safekeeping during camp. Mark your stuff with your name to make it easier to return when misplaced. We are not responsible for any items lost, damaged, or misplaced.

#### **Parents:**

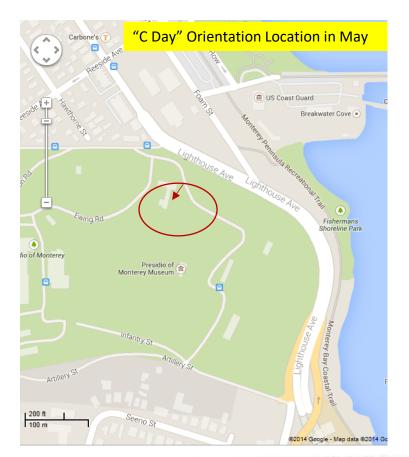
Do not purchase expensive equipment! Many department and sporting goods stores and online store sell adequate items. For a good, comfortable fit, the participant should try on the backpacking backpack before purchasing. Participants wear uniforms. Pants and shorts must be colored Khaki, Tan or official BSA uniform pants. NO Other Colors! Two uniform tee shirts will be provided. There is an option to pre-order extra uniform tee shirts during registration. All participants need their own tent. No tent sharing since family members and friends may not be assigned to the same groups and may be tenting in separate areas.

#### Personal Gear to Bring to Camp (Packed in a multi-day, 50-80 liter, backpacking pack)

Arrive with everything inside or strapped to your backpack. Some items can go into your small daypack. During the overnight backpacking trip out of camp, you will take only your sleeping bag, pad, change of clothes, small tarp for your sleeping bag, utensils, water, personal items, jacket and food. Your tent will stay in camp with your extra gear left inside.

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Gear  Sack lunch and water for Sunday check-in  Backpacking Backpack - 50 - 80 liter with waist belt  (adjusted to fit)  Sleeping bag (mummy type 15-20 degree)	Swimsuit – <i>Modest = one-piece, tankini, trunks or jammers, a swimming shirt is encouraged.</i> No bikinis or speedo type racing bottoms!  Personal Items
Sleeping pad and small travel pillow Small 4x6ft plastic tarp for hiking - <i>Important!</i> Day pack (school bookbag type) Your own Tent (small 2-person size. NOT LARGER) Eating utensils (spoon, fork, plate, bowl, & cup) 2 Trash bags for dirty clothes and trash Compass 3 - 32 oz. reusable water bottles Personal first aid kit (small) Flashlight - small light with extra batteries Whistle Pens and pencils Pocket Knife - locking 3-inch or less blade Watch - Phase 2, Phase 3 Alarm clock (battery - travel size) No cell phone	3 cloth face masks, or 10 disposable (If COVID 19 is still a threat) Toothbrush, toothpaste, & floss Shampoo & soap Comb / brush / hair ties Washcloth & towel Baby Wipes - for hiking days Deodorant Feminine products – Just in case! Medications / inhaler / EpiPen  White Stag Uniform requirements to bring: 2 Tan or Khaki colored long pants (No other colors except official Scout Pants) 2 Tan or Khaki colored shorts (long-length cargo
<ul> <li>Small Sewing kit (Phase 3)</li> <li>Sunscreen / sunglasses / hat (with brim)</li> <li>Insect repellent</li> <li>Camera (disposable — optional)</li> <li>Hiking boots with ankle support (wear and break in before camp!)</li> </ul>	type. No other colors. Mid-thigh). <b>No shorter</b> than the fingertips with arm down! 2-3 plain tee shirts (2 uniform shirts are provided. Registration option to pre-order more).
Important - Sturdy Tennis shoes that can get wet. Old ones are fine.  Clothing	NOTES:
Underwear (6 pair) Socks (6 pair)	
<ul><li>Boot socks (2 pair)</li><li>Sleeping clothes – (Always change at night)</li></ul>	
Warm jacket Flip flops / sandals (for shower/pool area)	

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## White Stag Cell 831-601-0991

Presidio of Monterey Scout Lodge is located just above the Coast Guard wharf in Monterey. From downtown Monterey, take Del Monte Blvd. through the tunnel. Stay to the right and take the first slight right onto Foam St. Take the first left onto Reeside Ave., go one block and turn left onto Lighthouse Ave. Go one block and turn right onto Private Bolio, and turn left immediately. The Scout Lodge is the first building visible to you. Search Google Maps, POM Scout Lodge, Monterey, CA



via Arroyo Seco Rd24 minFastest route18.1 milesvia US-101 S and Arroyo Seco Rd27 min20.5 miles



# **Medical Examination Record**

To be completed by physician after review of health history with parent/guardian.

Child's Name: Last		First	First			Initia		Date of Birth	
Health Examination				Immunization Record					
Height Weight					Attach vaccine record or check all that are current with date:				
B.P					Yes	No	Had	Immunizations	Dates
Vision withou	ıt glasses	With glasses					Disease	Totanus	
	_	R 20/ L 20/						Tetanus Pertussis	
								Diphtheria	
	L:							Measles/mumps/rubella	
N = Normal	A=Abnormal							Polio	
Nose	N A	Throat	Ν	Α				Chicken Pox	
Γeeth	N A	Heart	Ν	Α				Hepatitis A	
_ungs	NΑ	Abdomen	N	Α				Hepatitis B	
_								Meningitis	
Genitalia	N A	Hernia	IN	Α				Influenza	
Skin	N A	Musculoskeletal	N	Α				Other (i.e., HIB)	
HGB	NΑ	Urinalysis	Ν	Α				COVID 19	
General Ass	sessment: -	☐ Neg. ☐ Pos. Date  The patient is physically a le hiking, running, and/or	able	and a	pproved	d to p	articipate		
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