

NYLT Packing Information and Equipment List

Please bring all your gear packed in a backpacking backpack and ready for a hike. Do not bring a suitcase. You just may begin your week with a hike! It is important to bring all the items on the list.

Other than what is listed below, please do not bring anything else to camp, including cell phones and personal electronics. Camp is an electronics free environment. There are no power plugs. Non-essential items will be taken and stored for safekeeping during camp. We recommend you put name tags in clothing and on gear to make it easier to return when lost. We are not responsible for any items lost, damaged or misplaced.

Personal Gear to Bring to Camp (Packed in a multi-day, 40-60 liter, backpacking pack)

You will not be backpacking with your full backpacks. During the overnight backpacking trip out of camp, your tent will stay in camp with your extra gear left inside. You will only take your sleeping bag, pad, and 1 plastic tarp, along with your overnight personal gear, water and group cooking gear and food (provided).

Gear

- ☐ Sack lunch and water for Sunday check-in
- ☐ Backpacking Backpack - 40 -60 liter with waist belt (adjusted to fit)
- ☐ Sleeping bag, (20 degree or lower)
- ☐ Sleeping pad and small pillow
- ☐ Day pack (school book bag type)
- ☐ Tent (2 person - space does not allow larger)
- ☐ 2 Small plastic tarps (approx. size 5x7 feet)
- ☐ Mess kit (spoon, fork, plate, bowl, cup/mug)
- ☐ Trash bag
- ☐ Compass
- ☐ 2 – 3 reusable water bottles (2-3 qt. total)
- ☐ Personal first aid kit (small)
- ☐ Flashlight - small light with extra batteries
- ☐ Whistle
- ☐ Pens and pencils
- ☐ Pocket Knife - locking 3 inch or less blade
- ☐ Watch – Phase 2, Phase 3, Phase 4
- ☐ Alarm clock (battery – travel size)
- ☐ Small Sewing kit
- ☐ Sunscreen / sunglasses / hat (with brim)
- ☐ Insect repellent
- ☐ Camera (disposable — optional)
- ☐ Hiking boots with ankle support (broken in)
- ☐ Tennis shoes that can get wet – **Important!**

Clothing

- ☐ **BSA Uniform** long pants and Tan/Khaki (2 pair)
- ☐ **BSA Uniform** hiking/walking shorts or Tan/Khaki. Must be no shorter than the fingertips with arm hanging down.
- ☐ 1 class B shirt will be provided – more may be purchased during registration
- ☐ Underwear (6 pr)
- ☐ Socks (6 pr)
- ☐ Boot socks (2 pr)
- ☐ Sleeping clothes – Always change at night.
- ☐ Warm jacket
- ☐ Flip flops / sandals (for shower/pool area)
- ☐ Swimsuit – Modest = one piece, tankini, trunks or jammers, swimming shirt is encouraged.

No bikinis or male speedo type racing bottoms!

Personal Items

- ☐ Toothbrush, toothpaste, & floss
- ☐ Shampoo & soap
- ☐ Comb / brush / hair ties
- ☐ Washcloth & towel
- ☐ Baby Wipes for hiking days
- ☐ Deodorant
- ☐ Feminine products
- ☐ Medications / inhaler
- ☐ 6-8 healthy snack bars

